Modified FIL Unified Men's and Women's Lacrosse Field

- for FIH field hockey pitch
- 91.4 metre X 55 metre playing field

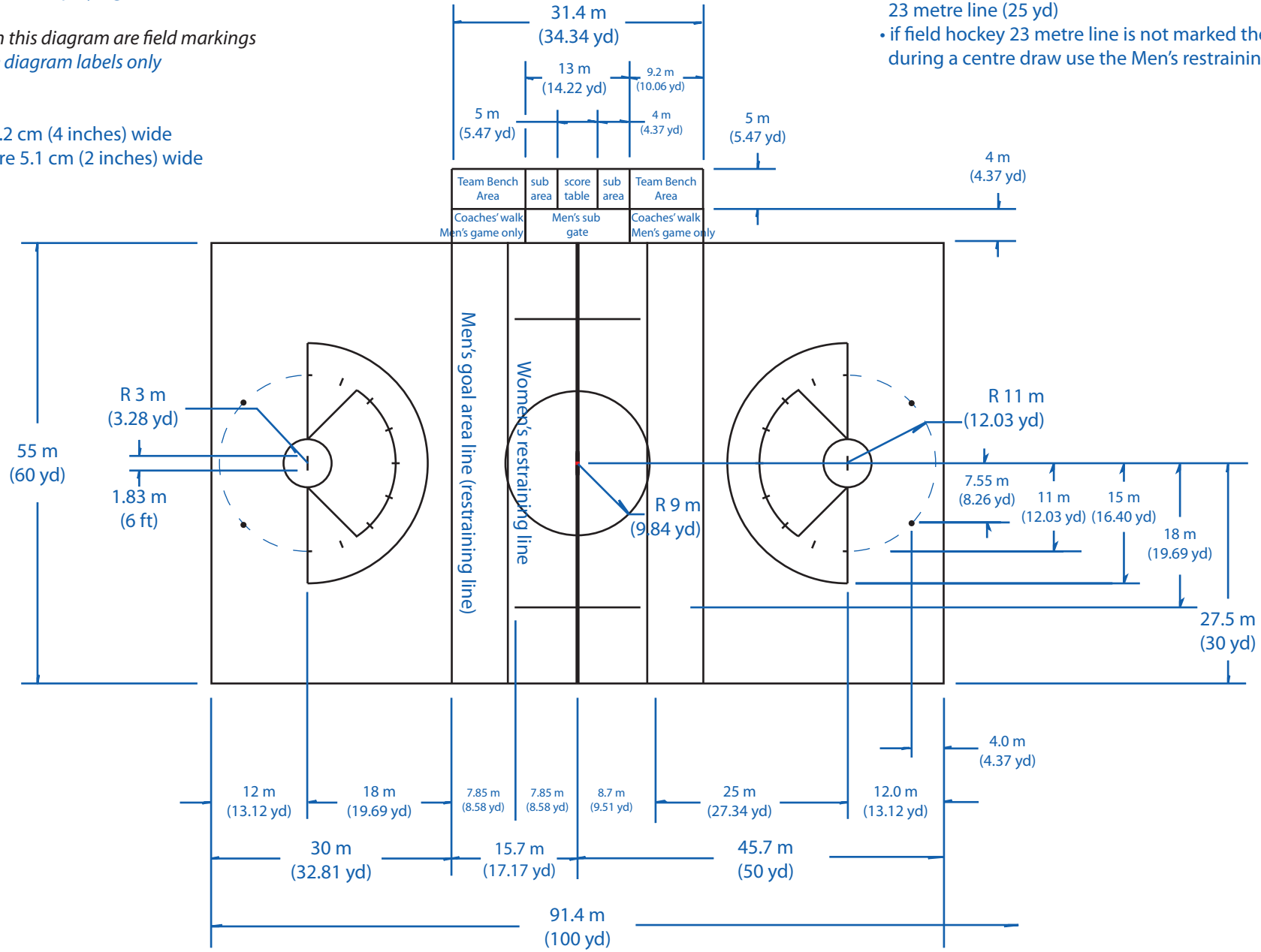
- *all black lines on this diagram are field markings*
- *all blue lines are diagram labels only*

NOTE

- centreline is 10.2 cm (4 inches) wide
- all other lines are 5.1 cm (2 inches) wide

Use of Restraing Lines in the Women's Game

- during play use the Women's restraining line
- during centre draws use the field hockey pitch 23 metre line (25 yd)
- if field hockey 23 metre line is not marked then during a centre draw use the Men's restraining line



Mostly men's field dimensions **Mostly women's field dimensions** **Diagram # 6**